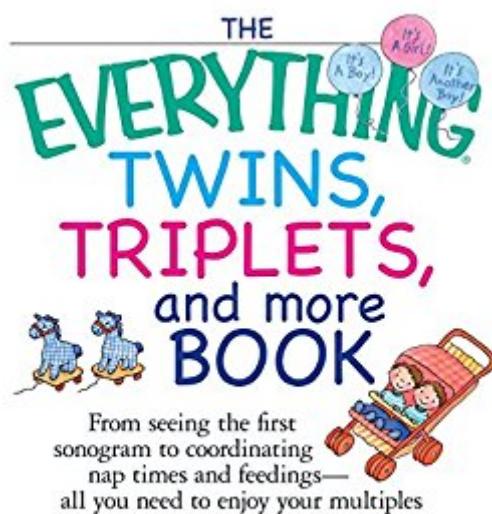


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# The Everything Twins, Triplets, And More Book: From Seeing The First Sonogram To Coordinating Nap Times And Feedings -- All You Need To Enjoy Your Multiples (Everything®)



Pamela Fierro, Guide to Parenting Multiples at About.com  
with technical review and foreword by Marcella Petramini, M.D.



## **Synopsis**

Still reeling from the shock that you're not having just one baby, you're having two, three, or more? Unsure about what to expect and what you need to do? There's no need to fear, because with The Everything Twins, Triplets, and More Book you have all the answers right at your fingertips. From what to anticipate throughout pregnancy and delivery to surviving those first few sleepless months and the necessary lifestyle changes you'll need to make, every scenario is covered! Includes information on: What to expect during each trimester Physical changes your body endures Budgeting for extra expenses Setting up your household for the big arrivals The first few months of life with your multiples The Everything Twins, Triplets, and More Book is your all-in-one resource for preparing your home, and your life, for all your little bundles of joy!

## **Book Information**

File Size: 3051 KB

Print Length: 322 pages

Publisher: Everything; 1 edition (June 30, 2005)

Publication Date: June 30, 2005

Sold by: Digital Services LLC

Language: English

ASIN: B005DIARVG

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,175,356 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #84 in Books > Parenting & Relationships > Family Relationships > Twins & Multiples #203 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family Relationships > Siblings #608 in Books > Parenting & Relationships > Family Relationships > Siblings

## **Customer Reviews**

I bought this for my daughter, but I went through it first. There was a dead spider in the middle of the book, I meant to take it out, but forgot and shipped it to my daughter that way. We both had a good

laugh!

Great read that covers all the topics I wanted to know about! Focused on twins and triplets it takes you from conception to postpartum.

This book is full of invaluable information. Includes concepts such as the development cycles, tips and tricks, and planning for the first year.

This book really helped me get through a triplet pregnancy. It gave me some ideas for the future as well. It was well worth the read.

Very informational and is helping to understand the events that have happened and will happen.

I sent this book to my best friend who is expecting Triplets next year. I went to visit her the other day and found this book (with oodles of page flags) on her coffee table. She says that it is one of the 2 most helpful books she has gotten on her multiple pregnancy-- the other being a buying guide. I scanned through the book and it is all about how to do things efficiently for parents of triplets. It really just gives you the advice you need for doing everyday baby tasks with 3 babies at once from diaper changes to feedings to taking a shower when you're alone with 3 babies! For instance, one piece of advice was to change all diapers at once- even if only one is dirtied as it helps establish a manageable routine for the parents. Another thing I liked is that the information is provided in bullet, short paragraph style and the points are made in a concise manner. I am sure that is handy as parents of triplets probably don't have much time to read! She said that this is definitely a must for new parents of multiples! It gives you a heads up on those little things that can be so difficult when multiplied by three that one wouldn't even think of on the front end. I'm proud that I gave her the right book!

My husband bought this book when we found out we were expecting twins and so I decided to read it too. It really is more of an overview on the subject with very little detailed information for mom. I read it in an afternoon and didn't find it helpful in detailed nutritional information, indepth discussions on birthing options or logistics for after babies arrive but its positive and upbeat tone is perfect for allaying dad's fears and giving him a good brief of what's in store without all the additional information that mom would find useful but he may find pointless. Written in more of a "for dummies"

format it is a quick read but if you rely on details you will probably want to research a different book.

This is not my favorite book on twins but it does offer some useful info. I wouldn't recommend using as your how to survive twins bible but as a quick view into what life with twins is like.

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